Running out: Tuttle’s favorite runs

Trinity is ideally situated near a number of running routes offering variety in both scenery and mileage. Be safety-conscious: run in daylight, run with others and avoid remote locations. Here are some favorite routes:

**Brackenridge Park**
The park, just east of campus, offers a number of running paths through the woods and along lightly traveled roads. Because of its proximity, the park is great for quick to mid-length runs.

**Hillside and Prado**
This is a good route: In spots, under a canopy of trees, this shady run is relaxing and pleasant. There isn’t a lot of traffic, and there are frequent patrols by the Olmos Park Police. As a bonus, there is an outdoor water fountain on the route at a residence about the three mile mark. Try to find it!

**Central Market**
Another good route: In spots, under a canopy of trees, this shady run is relaxing and pleasant. There isn’t a lot of traffic, and there are frequent patrols by the Olmos Park Police. As a bonus, there is an outdoor water fountain on the route at a residence about the three mile mark. Try to find it!

**Pearl Brewery/River Walk**
This route can take runners to the recently expanded world-famous River Walk. It is an out-and-back route and can be several miles or up to 20 miles round trip. Getting there: Head east on Mulberry and right at the path along Lion’s Field on Broadway. Heading toward downtown the route picks up the river at Pearl Brewery. Runners can go downtown and beyond. The run extends to the Guadalupe and along the Mission Reach portion of the San Antonio River. This is a good route. This is a beautiful, comfortable run, and there are several water fountains and restrooms along the way. Unique public art, cobblestone sidewalks and natural lush vegetation carry you along. Want to know more about San Antonio — or see it yourself? Run this route.

Questions or looking for more specific information, contact Dean of Students David Tuttle at dtuttle@trinity.edu.

While the government is still subsidizing gasoline so it’s less than five dollars a gallon, get out of San Antonio and hit the open roads of the Lone Star State. Austin, Dallas and Houston didn’t make this list of attractions, but, instead, here are a few towns and attractions that make up in personality and entertainment what they lack in size.

**Johnson City**
Located just 70 miles north of San Antonio on 281 is the birthplace of U.S. president Lyndon B. Johnson. Johnson City offers the quintessentially small-town experience as well as terrific food, culture and shopping. You can’t miss the childhood home of the town’s most famous resident; it also has a museum chronicling LBJ’s life and term at the White House. Check out the “Old Lumber Yard” where you’ll find a number of vendors hawkling everything you could probably buy at Walgreens from cowboy boots to lotion. Also visit “Pieces of the Past” to dig through old door knobs, pieces of molding and other architectural salvages. Have a cup of joe and check out the metal sculptures and other object d’art at the “Black Spur Emporium.” For dinner, enjoy fried chicken at the Silver K Café located on Main Street.

**Gruene/New Braunfels**
Located just a few miles north of San Antonio, right off of Interstate 10, this is tubing central. Wear your shades, sandals and swimming suit and head down FM Rd. 307 to a section of the Guadalupe southeast of Canyon Lake. Float down the turquoise-blue river with a tumbler full of sangria and enjoy some serious leisure. On sunny Saturdays, the river is one big party, so prepare yourself accordingly….the police will be there making sure you don’t leave trash behind; Fridays and weekdays are much more mellow. For dinner, head into Gruene and dine at the Gristmill overlooking the Guad or have a drink and cut a rug at the famous Gruene Dance Hall. Check out the Gruene Antique Company for vintage treasures. New Braunfels is of course home to the famous Schlitterbahn waterpark, but also be sure not to miss the “Wurstfest” that pays tribute to the town’s German heritage every November.

**Marfa**
Marfa is of course home to the famous Gruene Dance Hall. Check out the Gruene Antique Company for vintage treasures. New Braunfels is of course home to the famous Schlitterbahn waterpark, but also be sure not to miss the “Wurstfest” that pays tribute to the town’s German heritage every November.